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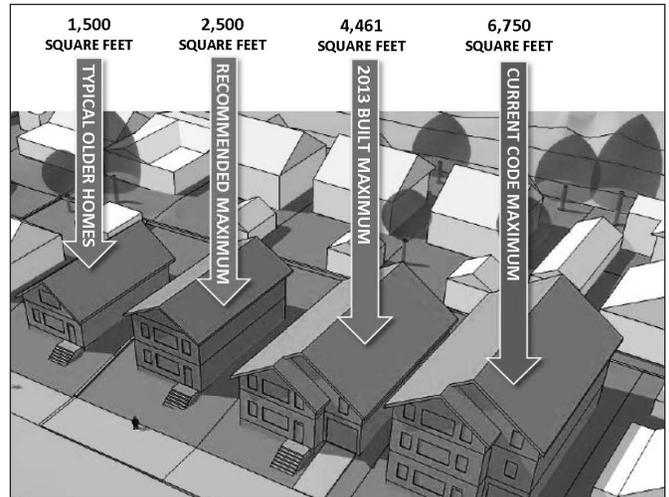


www.SabinPdx.org

Our Community in Action

PDX City Council Approves Residential Infill Project Concept Report

As reported in the November 2016 SCA newsletter, the City of Portland released a concept report in October 2016 for new zoning regulations that aim to address increasing and changing demands for housing. Following public hearings and comment period in November, the Portland City Council approved the Residential Infill Concept Report with a few amendments. For the final concept report visit www.portland-oregon.gov/bps/article/623488.



The Report illustrates how proposed zoning changes would limit the size of houses compared to existing regulations.

The report looks at 3 areas of change in single-dwelling zones:
 1) limiting the scale of houses relative to lot size;
 2) increasing housing choices;
 and 3) flexibility, and revising development requirements on historically narrow lots.

Through these proposed regulations, the city hopes to discourage home demolitions while increasing housing choice, encouraging the “missing middle” housing types such as duplexes, triplexes, bungalow courts, townhouses, and live/work spaces within a restricted building envelope in single-dwelling zones. At the November SCA board meeting attendees discussed the opportunities and challenges of the city’s Residen-

tial Infill Concept for the Sabin neighborhood and voted to sign a letter of support drafted by Portland For Everyone, an advocacy group in favor of the city’s residential infill efforts.

The approved Residential Infill Concept Report serves as a general guide for developing policy, and city staff will begin drafting zoning codes and amending current zoning maps in early 2017. Public review and hearings will follow the new draft regulations, although the city has not yet established a timeframe for public review and comment.

—Erin Brasell



SABIN AUCTION 2017
 AN ADVENTURE
 IN
WONDERLAND →

FRIDAY, APRIL 7TH, 2017
MELODY BALLROOM
 615 SE ALDER ST. PORTLAND, OR 97214

2017 SCA Meeting Schedule

Board meetings are open to all and are held from 7–9 p.m. on the second Monday of the month (except in July, August, and December) at Sabin School auditorium (located on the second floor), 4013 NE 18th Avenue. Upcoming meetings:

February 13
March 13

EVENTS CALENDAR

www.facebook.com/sabinpdx
FOR SELECT INFORMATION
ON SABIN EVENTS

Albina Branch Library Events

Black Storytime: Mondays 6:30-7pm
(except Feb 20)

Wednesdays

Toddler Storytime 9:30-10am (24-36 mo's)
Family Storytime 11-11:30am (0-6 yrs)

Feb 25, 2-4pm

Design and Make Leather Cuffs (teens)

Sabin Community Association



NORTHEAST COALITION
OF NEIGHBORHOODS

This newsletter is produced with the support from Northeast Coalition of Neighborhoods and Portland's Office of Neighborhood Involvement.

→ Friday, April 7th – An Adventure in Wonderland!

The Sabin PTA will host its 12th Annual Auction Gala: An Adventure in Wonderland at the Melody Ballroom. This Alice In Wonderland themed event, presented by Pediatric Dentistry, is not only the largest fundraiser but also the largest community building event and party of the year! This year the Sabin team has a large goal of raising more than \$200,000 to support Sabin students and teachers with the tools they need to thrive. They cannot do this without the generous support of neighbors, local businesses, and our community. Please consider sponsoring, donating goods and services (incl. experiences and vacation properties!) or purchasing tickets for attendance. Contact sabinauction2017@gmail.com with any level of interest or questions, and check them out at www.sabinauction.com.

Support Grant HS at GRANT FEST 2017

The annual Grant Boosters Club fundraising event –**GRANT FEST 2017**– is the largest fundraiser for Grant HS students. Funds raised help support all students including athletes, the Nature Club, and the Constitution Team. Last year, the event supported over 25 extracurricular groups and projects! Grant HS needs YOU to help make it a success. You can help by donating items or becoming a sponsor or volunteer. Contact: grantboosters@gmail.com if you can help.

Saturday, March 4th
Greek Orthodox Church

TICKETS: www.grantboosters.schoolauction.net/2017auction

Consider becoming a Sabin Orchard Steward

As an Orchard Steward you'll help out and learn about cultivating your own garden in the bargain. You'll attend a monthly "Work & Learn" session (as your schedule allows); sign up for one or two (2-hour) summer watering sessions; and attend a year-end reflection meeting. Optional: Assume further leadership or projects based on your specific interests and availability. No experience necessary, and everyone is welcome.

To register or for details, visit portlandfruit.org/orchardsteward or contact **April Jamison at 503-284-6016 or april@portlandfruit.org**. For details check out the "Upcoming Events" tab on the Portland Fruit Tree Project website www.portlandfruit.org/sabin-community-orchard

The Sabin Community Orchard is partnership between Portland Fruit Tree Project and Sabin Community Association. The orchard is located on a sloped public right-of-way at NE Mason Street between NE 18th and 19th Avenues.

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www.habitatgardenspdx.com

Meet neighbor: Maria Mankin, owner of Begin Pilates

Begin Pilates offers a different approach to Pilates –and not only because Maria and husband are former circus performers who once performed with a small artistic circus in the Bay Area. Her studio is designed not just for the experienced Pilates practitioner, but for anyone no matter their age, fitness or experience level.



Maria has created an environment where everybody, and every body feels comfortable.

Pilates is about core strength – building it and sustaining it. But there are those who lack the strength to participate in more traditional Pilates classes. So inspired by her mother –who was 83 years old at the time and did not have the strength to begin Pilates– she created a therapy to help her mother. And it worked. Today, it’s called the “Grace Pilates Method”, and clients as old as 90 years take the class.

Husband Danny Mankin also offers yoga and mediation classes at Begin Pilates. Not to be outdone, he too designed a class for a non-traditional audience. “Yoga for the Inflexible Guy” uses a chair for poses more traditionally performed standing. Begin Pilates also has an array of classes designed for beginners up through experienced Pilates practitioners.

Before Begin Pilates, the Mankins owned the only Pilates studio in Longview, WA. After several years in Longview, they relocated and opened a studio in Point Reyes, CA. Over a year ago, it was time to get back to the Northwest because they “always loved Portland.” Begin Pilates opened shortly thereafter.

For more about the studio, visit www.beginpilates.com or reach Maria at **971-229-0631** or maria@beginpilates.com. Better yet stop by and take a peek at a beautiful studio on 2393 NE 24th Ave, Suite D (24th/Fremont Street)

Special offer for the neighborhood: “Mention you saw us in the Sabin Newsletter and get one free class or 25% off your first purchase of five classes.” -Maria & Daniel
Offer valid for new clients only and the offer is not valid for private or reformer classes.

Did you know?

Sabin Community Association is on Facebook. Over 600 residents follow us for neighborhood news, upcoming events, and tips from fellow neighbors. Check us out, and give us *like* why don't you!

www.facebook.com/SabinPDX

SCAN Deliverers Needed

We are looking for a couple of volunteers to help deliver newsletters five times a year. Each SCAN issue is produced and delivered entirely by volunteer efforts, and we need your help!

Delivering SCAN is a great way to get to know your neighborhood, meet new people, get a little exercise, and contribute to the success of our bi-monthly newsletter.

If you would like more information, please contact Sandy Bacharach, arequita@gmail.com or: (503) 287-6927.



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A home-based preschool in the Sabin Neighborhood
littlegreenschoolhousepdx@gmail.com
littlegreenschoolhousepdx.com
Lori Soltys 971.285.1106



Sabin NET Emergency Go! Packs



Greetings Sabin Neighbors!

In addition to your emergency supplies, it is important to develop small Go! packs. Each family member should have a pack under or near their bed to grab and go in case of an emergency. Likewise it is good to have Go! packs for car, work, school, and the like.

My partner has a small but strategically stocked Go! pack for his 5-mile running

commute to work each day. You never know when or where you might be, so it is good for each family member to be prepared wherever they spend the bulk of their time.

Go! pack ideas: a collapsible water bottle with duct tape wrapped around it; cash, high protein energy bars or jerky; sturdy walking shoes, a whistle, survival blanket; small powerful headlamp, dust mask, leather gloves; pocket rain poncho, water purification tablets or straw; contact list and local map, small TP roll, tiny sunscreen tube; essential meds, folded large garbage bags; small first aid kit, thin hat; small toothbrush/paste, eye care/eyeglasses; feminine hygiene, thin long underwear, copies of IDs. For kids at school it might also be good to include photos, comfort items, tiny games or toys, cards, a thin book

or comics, paper and a pen along with emergency contacts.

Go! Packs by your bed: a utility shut-off tool, an OK/HELP sign, hard hat, filled water bottle; a slightly bigger first aid kit, a crank radio or extra batteries; a warm change of clothes; matches and a tiny collapsible twig stove; and a small 2-person emergency shelter or tarp and rope.

It feels good to be ready and prepared! Encourage your neighbors and friends to do so as well!

Signing off for now,
Deborah Pleva
Diane Meisenhetter

Sabin Neighborhood Emergency Team January Update

What a winter season we've had so far! Thank you to all of the NET members from across the city that deployed to support first responders marking downed power lines and working in warming shelters to help keep safe those most in need. What a great team effort!

2017 is set to be a great year for Sabin NET! We are pleased to announce that Sabin NET received a \$1,000 grant from the Sabin Community Association's (SCA) Sabin Small Grants Program. We will use the grant funds to purchase emergency field gear to establish caches to support the neigh-

borhood and NET team members when deployed during emergencies.

How NET will use the funds: purchase of items like large maps, weatherproof paper, first aid supplies, pry bars, portable stretchers, contractor garbage bags, caution tape, road flares, emergency blankets, and portable solar panels.

Donations welcome! We also look to our neighbors for equipment and supply donations that will be added to the equipment caches –and for “pledges” to provide equipment and supplies if needed during emergency operations. Your donations and pledges will go a long way in

helping us focus our funds on purchasing essential items rather than items that might be available through our community. Look for our requests in upcoming newsletters.

Growing NET: we encourage neighbors to join NET. For more on becoming a NET member, see www.portlandoregon.gov/pbem/58587). Finally, if you would like NET to lead an emergency preparedness meeting to help with a Map Your Neighborhood plan, or want more info. about NET, contact us at Sabin. NETPDX@gmail.com.

Be safe. Be prepared!
Tom Braish
NET Team Leader



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