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NEWSLETTER TEAM

Editor: Henry Moreno
henry.moreno0@gmail.com

Delivery: Sandy Bacharach
(503) 287-6927
arequita@gmail.com

**Newsletter circulation:
1800+ homes, businesses**



sabin
Community Association

www.SabinPdx.org

Our Community in Action

SCA is awarding up to \$1,000 grants to spend on the neighborhood. Any ideas?

In 2016, the Sabin Community Association developed a small grant process to solicit ideas from community members about how to improve our neighborhood. Residents in Sabin and nearby neighborhoods submitted ideas, SCA then invited a few to submit proposals. In 2017 SCA awarded two \$1,000 grants; one to the King-Sabin Street Tree Community Assistance Project; and the other to the Sabin Neighborhood Emergency Team (Sabin NET) Emergency Equipment Cache. Each of these projects fulfilled a number of the SCA's guiding principles: Engaging the community, seeking to understand and meet community needs, supporting diversity, encouraging local businesses, preparing for the future and supporting sustainable living, caring for our natural environment, and partnering with community organizations.



The King-Sabin Street Tree Community Assistance Project used their grant to remove and replace severely damaged trees in six Sabin neighborhoods.

- The proposal must meet three criteria:
1. Be within or near Sabin boundaries
 2. Demonstrate how it improves the experience of living in Sabin
 3. Benefit the Sabin community, rather than an individual or specific group

All ideas are due by March 1.

We've included an idea card on the back page that you can either drop off at the SCA Small Grants Box at the Albina Library vestibule (3605 NE 15th Ave., next to Whole Foods), or submit your ideas online by scanning the QR code or visiting the website: <https://tinyurl.com/SCASmallGrants>

We look forward to hearing from you!

See back page for an idea card you can use to share your ideas.

SCA is once again asking neighbors to share their ideas. If you had up to \$1,000 to spend on our neighborhood, what would you do? The SCA board would like to continue building strong community participation and partnerships, and its priority is to engage historically under-represented and under-served communities through this small grants program. The process is even easier this year with an online form to submit ideas.

Interested in applying?

2018 SCA Meeting Schedule

Board meetings are open to all and are held from 7-9 p.m. on the second Monday of the month (except in July, August, and December) at Sabin School auditorium (located on the second floor), 4013 NE 18th Avenue. Upcoming meetings: March 12 • April 9 • May 14 • June 11 • Sept 10 • Oct 8 • Nov 12

EVENTS CALENDAR

www.facebook.com/sabinpdx
FOR SELECT INFORMATION
ON SABIN EVENTS

Albina Branch Library Events

Saturday, February 10
Safari and African Ceramic Painting | 2pm

Tuesday, February 13
Our Story: Racial Haunting and the Black Experience in Portland | 6:30pm

Wednesdays
Toddler Storytime | 9:30am

Thursdays
Tiny Tots | 9:30am

Sabin Community Association



NORTHEAST COALITION
OF NEIGHBORHOODS

This newsletter is produced with the support from Northeast Coalition of Neighborhoods and Portland's Office of Neighborhood Involvement.

Tubman Middle School Community Meeting on February 20

In 2016 and 2017, Portland Public Schools (PPS) began moving to a middle school model for the district, a shift that would change many K-8 schools into K-5. Sabin School will be affected by this change, and students entering grade 6-8 are scheduled to attend Harriet Tubman Middle School (Tubman) beginning in the 2018-19 school year. PPS plans to hold a series of public meetings to gather input from parents, teachers, and interested community members. During the evolving process, PPS will regularly update their page for Tubman planning: www.pps.net/domain/4410. In January, a community planning meeting was held at Sabin School, and another session is scheduled on **Tuesday, February 20 at King School from 6:30-8p.m.** Dinner, childcare, and Spanish interpretation services are available. Continue to check the PPS website above for additional meeting agendas and

Sabin Community Orchard (SCOrch): 2018 Season

As the Sabin Community Orchard (SCOrch) enters its 8th year, we're continuing our work-and-learn gatherings from **2-4pm on the 3rd Sunday of the month** (except for conflicting events). We hope you can join us to support this community project, enjoy some fruit, and take home some useful suggestions for your own fruit plants! Here's the 2018 schedule:

- Feb. 18: Winter pruning, path maintenance, planning
- Mar. 18: Permaculture concepts, understory plants
- April 15: Earth Week event, pollinators
- May 20: Fruit thinning, pest & disease management
- June 24: Fruit, pest & disease monitoring, irrigation
- July 15: Summer pruning, watering
- Aug. 19: Soil health, weed management, watering
- Sept. 16: General maintenance, tree harvest
- Oct. 21: Fall tree care, harvest
- Nov. 18: Putting SCOrch to bed



Please bring appropriate well-marked personal tools, and dress for the weather. I'll plan to bring my canopy and orchard ladder. Hope to see you there!
Jeff Strang, Co-founder and Chief Steward

The orchard is located on a sloped public right-of-way at NE Mason Street between NE 18th and 19th Avenues.

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Sabin Resident Jo Foraker Works Tirelessly To Feed the Houseless

Anyone in the neighborhood who frequents Nextdoor will recognize the name Jo Foraker from her tireless posts about feeding the houseless. Ms. Foraker, a retired financial planner who still dabbles in real estate, has lived in the Sabin neighborhood for approximately nine years. Jo started on her project, Help 4 Homeless, which now involves providing weekly hot meals and groceries to between one to fifteen homeless camps each week, about a year and a half ago.

At the time, she had no experience working with the homeless population or in food distribution. She was introduced to the idea when she started helping a friend who was working to feed a camp of approximately 40 homeless individuals in Gresham. Her friend asked her to take over the project of driving around collecting groceries made available through harvest shares (monthly events where food pantries give away excess groceries) and other locations that regularly donate groceries.

Through this experience, Jo realized that there were ample free groceries available, but that they were not getting into the hands of those most in need because of what she aptly describes as a “distribution problem.” From her initial commitment as a grocery collector for her friend, Jo gradually transitioned into working on her own project feeding houseless in Portland. As Jo explains, Help 4 Homeless, is now “bursting out at the seams.” Her team of 27 cooks and 3 drivers currently prepare and deliver 800 and 1,400 servings of food per month to the local houseless population - all made from the free groceries Jo spends hours each week driving around collecting. Help 4 Homeless provides a weekly serving of hot soup (served directly out of a large cooler), a sandwich and some hard-boiled eggs for the individuals they

serve to eat the next day. Jo also strives to provide houseless at the camps her drivers visit with some basic groceries (things that don’t require cold storage or cooking) as well as tents, tarps and sleeping bags, although she has difficulty meeting the demand for these items. She has even organized a regular collection and distribution of female hygiene products.

One of the most challenging parts of the Help 4 Homeless weekly deliveries is keeping track of the locations of the homeless camps, since campers are regularly relocated by the city. Jo says her drivers have a network of houseless campers with cell phones and she uses Facebook to stay in touch with the campers who regularly visit the library to use the computers.

If you are interested in learning more about Jo’s work or volunteering your time to Help 4 Homeless, please contact Jo Foraker at (503)799-1740 or email her at hj03016@gmail.com. She is currently looking for driver/deliverers to spend approximately three hours one evening a week delivering food to camps and shelters around town.

Forget Everything And Sing Together (FEAST)

The FEAST Community Choir meets every Friday at noon at the Subud Center, 3185 NE Regents Drive. You don’t need to read music, or have previous choral experience. All songs are taught by ear. We sing to create harmony in community. All voices welcome. Drop-in fee \$15. See FeastCommunityChoir.com for more information or email director Susan Riggs, feastcommunitychoir@gmail.com.

Did you know?

Sabin Community Association is on Facebook. Over 600 residents follow us for neighborhood news, upcoming events, and tips from fellow neighbors. Check us out, and give us *like* why don’t you!

www.facebook.com/SabinPDX

SCAN Deliverers Needed

We are looking for a couple of volunteers to help deliver newsletters five times a year. Each SCAN issue is produced and delivered entirely by volunteer efforts, and we need your help!

Delivering SCAN is a great way to get to know your neighborhood, meet new people, get a little exercise, and contribute to the success of our bi-monthly newsletter.

If you would like more information, please contact Sandy Bacharach, arequita@gmail.com or: (503) 287-6927.



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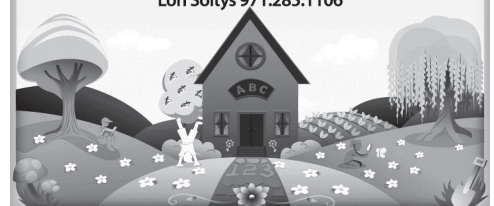
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Little Green Schoolhouse

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A home-based preschool in the Sabin Neighborhood
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Lori Soltys 971.285.1106



Water is Life (especially in an Emergency)!

One can live for a relatively long time without food, but 97% of our body is made of water and it has to be replenished so is critical to survival even in the short-run. For this reason, it is critical to have water on hand in case of an emergency.



The storage goal is one gallon of water for every person per day. Bottles of water are not the best option since the plastic they are in breaks down and water supplies should be rotated every six months, so it is much better to secure

large heavy duty food grade containers for water. One of the easiest ways to have ongoing sources that are easily renewed each winter is to have water barrels connected to downspouts. To be drinkable, water should be strained through at least 3 layers of cotton or some type of filter (camping filters are useful).

Non-potable water ideally should be boiled for 10 minutes then add 16 drops of bleach per gallon of water. The water must then sit for 30 minutes before it is safe to use. For taste you may need to aerate by pouring it back and forth between two containers. In the case of a

severe earthquake you may want to shut off your water at the street or your home shut-off valve in order to prevent contamination or leakage from broken pipes.

Water can be found in your toilet tank (not the bowl) and in your water heater. Some folks have large bladders that can be filled in their tubs before water systems shut down. For about \$100 you can get water decontamination devices which zap the harmful bacteria in a large container of water and for even less than \$20 you can get "drinkable straws" for individuals to be able to use to filter water as one drinks.

SABIN COMMUNITY ASSOCIATION SMALL GRANTS PROGRAM IDEAS



IF YOU HAD UP TO \$1,000 TO IMPROVE SABIN, WHAT WOULD YOU DO?

We want your ideas! Proposals must be within or near Sabin's boundaries, demonstrate how it improves the experience of living in Sabin, and must benefit primarily the Sabin Community, rather than an individual or particular group.

Fill out this card and drop it in the SCA Small Grants Box at the Albina Library vestibule (3605 NE 15th Ave., next to Whole Foods), or fill out the online form at: <https://tinyurl.com/SCASmallGrants>. All ideas are due by March 1, 2018. SCA will select ideas by April 1, 2018, and send out invitations to individuals to submit a more detailed grant application.

PROJECT IDEA & COST:

YOUR NAME & CONTACT INFO:



Scan here for online ideas submission form



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